

# A Bridge to Your Recovery, Biblical Counsel

We have taken a couple small steps onto a bridge to recover; that first step is a big one.

The Bridge to Recovery\* is a faith-based program that helps overcome battles with personal life struggles and addictions. God's Word, the Holy Bible shows amazing truths that lead to incredible victories.

A Bridge to Recovery: For people struggling with addictions or others seeking Biblical Christian counseling for Anger; Anxiety; Depression; et.al. While winter lasts in upstate New York Pastor Rice intends to Zoom meet weekly on Saturday Noon to 1 pm with 12 Bridge to Recovery lessons. You may Join Zoom Meetings at: Meeting ID: 491 867 1652 Passcode: GSBC

I am Pastor Ed Rice, Pastor of Good Samaritan Baptist Church, 54 Main St., Dresden, NY 14441, offering to mentor local or remote students in the 12 step Bridge to Recovery Program. It can be a lifeline for those struggling with addictions, anger; anxiety; or depression. You can contact Pastor Ed Rice through our website and view these slides at [www.GSBaptistChurch.com/b2r/](http://www.GSBaptistChurch.com/b2r/)

R.B. Ouellette, Pastor First Baptist Church of Bridgeport Michigan, developed the Bridge to Recovery faith-based program that helps people overcome their battles with personal struggles and addictions. <https://recovery-bridge.com/core-truths/> accessed Dec 2024

The Bridge to Recovery for addictions has 3 primary ingredients connect, connect, connect.

Connect with God, the most essential ingredient.

Connect with each other in a group.

Connect with self with daily study of God's word .

Begin this journey, Find victory over strongholds of sin.

Register in the program – Next Step <https://recovery-bridge.com/> R.B. Ouellette, Pastor First Baptist Church of Bridgeport Michigan, developed the Bridge to Recovery faith-based program that helps people overcome their battles with personal struggles and addictions.  
<https://recovery-bridge.com/core-truths/> accessed Dec 2024

- 1) Come In to the APK: Salvation  
The way - The Door - The Ark - Mercy
- 2) Come Now Isa 1118 - Sin as Scarlet  
Red with it all
- 3) Come After ... Become a Follower of Me  
Follow me
- 4) Come Out - Be ye separate
- 5) Come Up Higher Rev 4

## Bridge 2 Recovery 12 Core Truths

**Core Truth 1. My recovery depends on my relationship with God.  
Heb.11:6.**

**Core Truth 2. I will never make progress until I become honest about my struggle. Psalm 51:3.**

**Core Truth 3. Victory begins with surrender. Romans 12:1-2.**

**Core Truth 4. In Jesus, I can have freedom and forgiveness. Isa.55:7.**

**Core Truth 5. Meditating on God's word will help me find victory and freedom. Psalms 1:2.**

**Core Truth 6. Fixing the root will change the fruit... genuine change comes from the inside out.  
2Cor.10:3-5.**

**Core Truth 7. The priorities in my life dictate the progress of my life.**

**Matthew 6:33.**

**Core Truth 8. Life is not made by my desires, but by my decisions.  
Philippians 4:8.**

**Core Truth 9. My past does not need to determine my future. Phil.3:13-14.**

**Core Truth 10. True success is not achieved by keeping rules, but by maintaining a right relationship with God and others. Matthew 22:37-40.**

**Core Truth 11. My choices affect me and also those around me.  
Rom.5:12.**

**Core Truth 12. My friends will affect my future. Psalm 1:1.**

## A Relationship with God First Four Core Truths

Truth 1. My recovery depends on my relationship with God.

Hebrews 11:6 *"But without faith it is impossible to please him: for he that cometh to God must believe that he is, and that he is a rewarder of them that diligently seek him."*

Truth 2. I will never make progress until I become honest about my struggle.

Psalms 51:3, *"For I acknowledge my transgressions: and my sin is ever before me."*

- 1) Come In to The A.P.K. - Salvation
- 2) Come Now Isa 1118 - Sin of Scarlet
- 3) Come After - Draw a Picture of Me
- 4) Come Out - Be ye separate
- 5) Come Up Higher Rev 4

Truth 3. Victory begins with surrender. Romans 12:1-2, *"I beseech you therefore, brethren, by the mercies of God, that ye present your bodies a living sacrifice, holy, acceptable unto God, which is your reasonable service. And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God."*

Truth 4. In Jesus, I can have freedom and forgiveness. Isaiah 55:7, *"Let the wicked forsake his way, and the unrighteous man His thoughts: and let him return unto the Lord, and he will have mercy upon him; and to our God, for he will abundantly pardon."*

# A Faith Based Recovery Program has **THREE KEYS**

Keep up, three ingredients CCC, twelve core truths, now three keys.

**Commitment and Connection** i.e. an accountability.

Connect to God (salvation)

Connect to Others (follow up?)

Connect to Self (self discipline?)

Make an investment in your recovery. ... Buy something, notebook and pen, Material, Book #1, a Bible et.al., Invest your TIME Read and ponder daily, Keep a daily record, attend regular sessions, et.al.

## **WRITE IT DOWN!**

Expressing Thoughts, Truths and Feelings Effectively involves writing, with a pencil! Everyone who's Anyone was a JOURNALER!

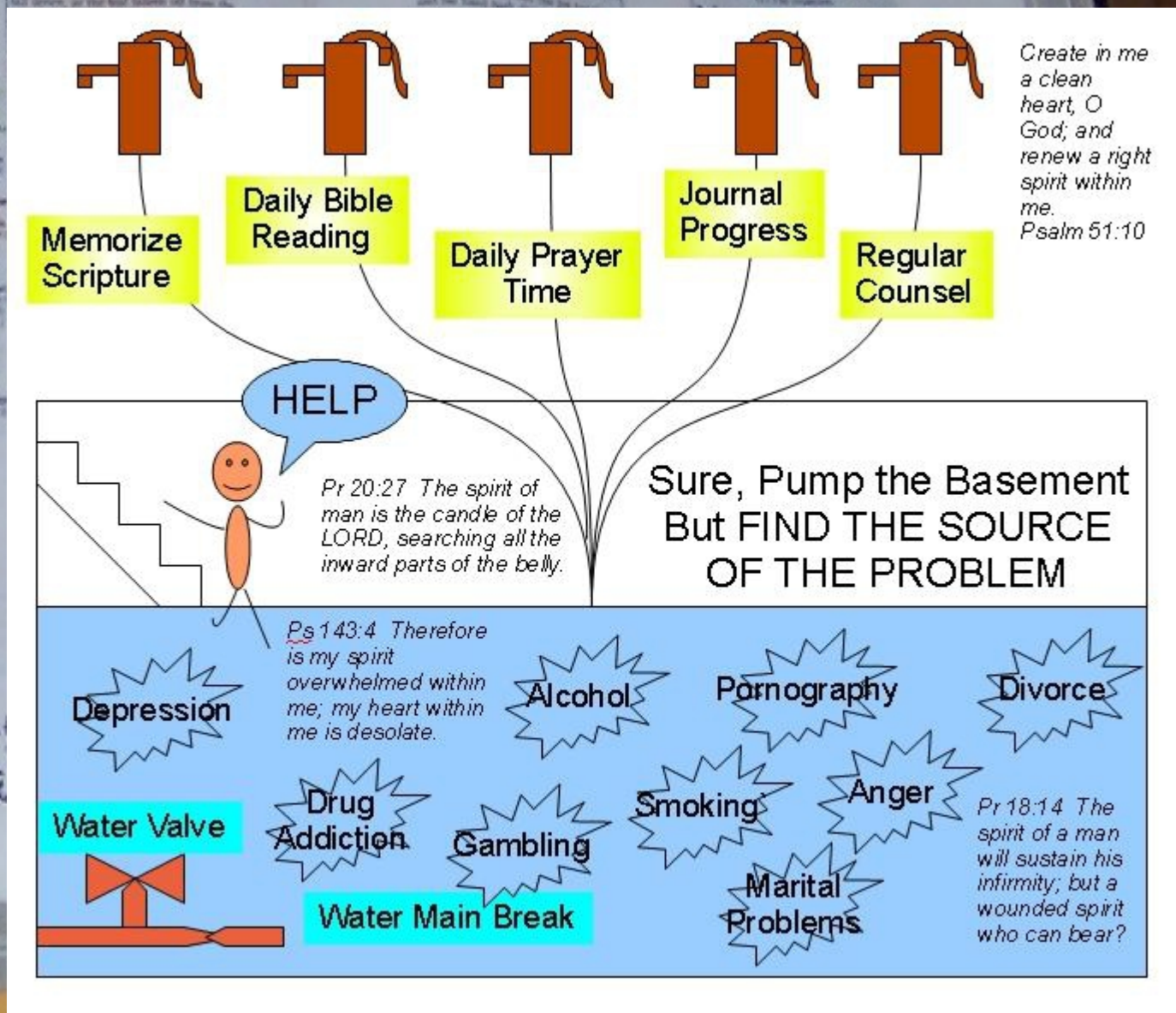
Expressing Feelings Effectively 5% in speech **90% in writing**, with pencil!

## **THE POWER of the WORD of GOD!**

The WORD is Quick and Powerful, Discerns Thoughts and Intents. Faith cometh by hearing and hearing by the Word of God! (Rom.10) . Add to your faith 7 things ... do these things ... never fall! (2Pet.1). et.al.

# It's NOT the METHOD ... It's the RELATIONSHIP!

Everything done in a faith based recovery program is to establish, repair, grow and enhance your relationship to God through his Only Begotten Son, the Lord Jesus Christ. That is the whole POWER of a faith based recovery!



The key 12 verses to start the relationship: John 3:16,17,18, 36, 5:24, Romans 3:10,23, 5:8, 6:23, 10:9,10,13:

*Joh 3:16 - 18, 36 For God so loved the world, that he gave his only begotten Son, that whosoever believeth in him should not perish, but have everlasting life. For God sent not his Son into the world to condemn the world; but that the world through him might be saved. He that believeth on him is not condemned: but he that believeth not is condemned already, because he hath not believed in the name of the only begotten Son of God. ... He that believeth on the Son hath everlasting life: and he that believeth not the Son shall not see life; but the wrath of God abideth on him.*

*Joh 5:24 Verily, verily, I say unto you, He that heareth my word, and believeth on him that sent me, hath everlasting life, and shall not come into condemnation; but is passed from death unto life.*

*Ro 3:10,23 As it is written, There is none righteous, no, not one: ... For all have sinned, and come short of the glory of God;*

*Ro 5:8 But God commendeth his love toward us, in that, while we were yet sinners, Christ died for us.*

*Ro 6:23 For the wages of sin is death; but the gift of God is eternal life through Jesus Christ our Lord.*

*Ro 10:9-10, 13 That if thou shalt confess with thy mouth the Lord Jesus, and shalt believe in thine heart that God hath raised him from the dead, thou shalt be saved. For with the heart man believeth unto righteousness; and with the mouth confession is made unto salvation. ... For whosoever shall call upon the name of the Lord shall be saved.*

# Bridge-To-Recovery GSBC Writing Assignment 1

Get a notebook: spiral, 3 ring, composition, journal, et.al.

Write Core Truth #1, with its Key Verse verbatim (use a King James Bible)

Core Truth 1. My recovery depends on my relationship with God. Hebrews 11:6, "But without faith it is impossible to please him: for he that cometh to God must believe that he is, and that he is a rewarder of them that diligently seek him."

Write out verbatim from an Authorized King James Bible these 12 verses: John 3:16,17,18, 36, 5:24, Romans 3:10,23, 5:8, 6:23, 10:9,10,13

- 1) Come In to the Ark - Salvation  
The way To Door - The Ark - MATHEW
- 2) Come Now - Isa 11:10 - In all days shall there be a root of Jesse, and he shall be as a banner of the nations.
- 3) Come After ... Become a Follower of Me  
Follow Me
- 4) Come Out - Be ye separate
- 5) Come Up Higher - Rev 4

## Bridge-To-Recovery GSBC Writing Assignment 2

Write out verbatim, the following:

How to Give a Testimony: A testimony will help and encourage others. A few reminders about your testimony.

- Be right around 3 minutes.
- Practice your testimony at home.
- Generalize your past; don't get detailed about sin.
- Focus on how your relationship with God has changed your life.
- Utilize a scripture that has impacted you.
- Share where you are headed in the future.
- Your job is to give God the glory and give hope to others that God can give them victory too.

- 1) Come Now Isa 111 - Sin is Scarlet
- 2) Come After ... Become a Fisher of Men
- 3) Come Out - Be ye separate
- 4) Come Up Higher Rev 4



Core Truth 3. **Victory begins with surrender.** Romans 12:1-2, *“I beseech you therefore, brethren, by the mercies of God, that ye present your bodies a living sacrifice, holy, acceptable unto God, which is your reasonable service. And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God.”*



# VICTORY BEGINS WITH SURRENDER.

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