

**A Bridge to Recovery, Biblical Counsel  
Core Truth #4 (see <https://recovery-bridge.com>)**

The Bridge to Recovery\* is a faith-based program that helps overcome battles with personal life struggles and addictions. God's Word, the Holy Bible shows amazing truths that lead to incredible victories.

A Bridge to Recovery: For people struggling with addictions or others seeking Biblical Christian counseling for Anger; Anxiety; Depression; et.al. While winter lasts in upstate New York Pastor Rice intends to Zoom meet weekly on Saturday Noon to 1 pm with 12 Bridge to Recovery lessons. You may Join Zoom Meetings at: Meeting ID: 491 867 1652 Passcode: GSBC

I am Pastor Ed Rice, Pastor of Good Samaritan Baptist Church, 54 Main St., Dresden, NY 14441, offering to mentor local or remote students in the 12 step Bridge to Recovery Program. It can be a lifeline for those struggling with addictions, anger; anxiety; or depression. You can contact Pastor Ed Rice through our website and view these slides at [www.GSBaptistChurch.com/b2r/](http://www.GSBaptistChurch.com/b2r/)

R.B. Ouellette, Pastor First Baptist Church of Bridgeport Michigan, developed the Bridge to Recovery faith-based program that helps people overcome their battles with personal struggles and addictions. <https://recovery-bridge.com/core-truths/> accessed Dec 2024

The Bridge to Recovery for addictions has 3 primary ingredients connect, connect, connect.

Connect with God, the most essential ingredient.

Connect with each other in a group.

Connect with self with daily study of God's word .

Begin this journey, Find victory over strongholds of sin.

Register in the program – Next Step <https://recovery-bridge.com/> R.B. Ouellette, Pastor First Baptist Church of Bridgeport Michigan, developed the Bridge to Recovery faith-based program that helps people overcome their battles with personal struggles and addictions.  
<https://recovery-bridge.com/core-truths/> accessed Dec 2024

- 1) Come In to the APK: Salvation  
The way - The Door - The Ark - Mercy
- 2) Come Now Isa 1118 - Sin as Scarlet  
Red with it all
- 3) Come After ... Become a Follower of Me  
Follow me
- 4) Come Out - Be ye separate
- 5) Come Up Higher Rev 4

## Bridge 2 Recovery 12 Core Truths

**Core Truth 1. My recovery depends on my relationship with God.  
Heb.11:6.**

**Core Truth 2. I will never make progress until I become honest about my struggle. Psalm 51:3.**

**Core Truth 3. Victory begins with surrender. Romans 12:1-2.**

**Core Truth 4. In Jesus, I can have freedom and forgiveness. Isa.55:7.**

**Core Truth 5. Meditating on God's word will help me find victory and freedom. Psalms 1:2.**

**Core Truth 6. Fixing the root will change the fruit... genuine change comes from the inside out.  
2Cor.10:3-5.**

**Core Truth 7. The priorities in my life dictate the progress of my life.**

**Matthew 6:33.**

**Core Truth 8. Life is not made by my desires, but by my decisions.  
Philippians 4:8.**

**Core Truth 9. My past does not need to determine my future. Phil.3:13-14.**

**Core Truth 10. True success is not achieved by keeping rules, but by maintaining a right relationship with God and others. Matthew 22:37-40.**

**Core Truth 11. My choices affect me and also those around me.  
Rom.5:12.**

**Core Truth 12. My friends will affect my future. Psalm 1:1.**

## A Relationship with God First Four Core Truths

Truth 1. My recovery depends on my relationship with God.

Hebrews 11:6 *"But without faith it is impossible to please him: for he that cometh to God must believe that he is, and that he is a rewarder of them that diligently seek him."*

Truth 2. I will never make progress until I become honest about my struggle.

Psalms 51:3, *"For I acknowledge my transgressions: and my sin is ever before me."*

- 1) Come In to The A.P.K. - Salvation
- 2) Come Now Isa 1118 - Sin of Scarlet
- 3) Come After - Draw a Picture of Me
- 4) Come Out - Be ye separate
- 5) Come Up Higher Rev 4

Truth 3. Victory begins with surrender. Romans 12:1-2, *"I beseech you therefore, brethren, by the mercies of God, that ye present your bodies a living sacrifice, holy, acceptable unto God, which is your reasonable service. And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God."*

Truth 4. In Jesus, I can have freedom and forgiveness. Isaiah 55:7, *"Let the wicked forsake his way, and the unrighteous man His thoughts: and let him return unto the Lord, and he will have mercy upon him; and to our God, for he will abundantly pardon."*

# A Faith Based Recovery Program has **THREE KEYS**

Keep up, three ingredients CCC, twelve core truths, now three keys.

**Commitment and Connection** i.e. an accountability.

Connect to God (salvation)

Connect to Others (follow up?)

Connect to Self (self discipline?)

Make an investment in your recovery. ... Buy something, notebook and pen, Material, Book #1, a Bible et.al., Invest your TIME Read and ponder daily, Keep a daily record, attend regular sessions, et.al.

## **WRITE IT DOWN!**

Expressing Thoughts, Truths and Feelings Effectively involves writing, with a pencil! Everyone who's Anyone was a JOURNALER!

Expressing Feelings Effectively 5% in speech **90% in writing**, with pencil!

## **THE POWER of the WORD of GOD!**

The WORD is Quick and Powerful, Discerns Thoughts and Intents. Faith cometh by hearing and hearing by the Word of God! (Rom.10) . Add to your faith 7 things ... do these things ... never fall! (2Pet.1). et.al.

Every Christian should be a Biblical Christian Counselor. 2Cor.5:17-18  
*17 Therefore if any man be in Christ, he is a new creature: old things are passed away; behold, all things are become new.*  
*18 And all things are of God, who hath reconciled us to himself by Jesus Christ, and hath given to us the ministry of reconciliation;*

### Five Things a New Convert Should do.

- 1) Keep Reading the Bible.
  - 2) Keep Talking to God.
  - 3) Tell Someone What Happened.
  - 4) Join with Other Believers.
  - 5) Public Baptism, ... tell the world,
- Coincidentally these five parallel important steps of Biblical Counseling

3) Come After ... Deacon & Pastor of Area  
Fellow me  
4) Come Out - Do ye separate  
5) Come Up Hither Rev 4

### The Five 'R's of Reformation

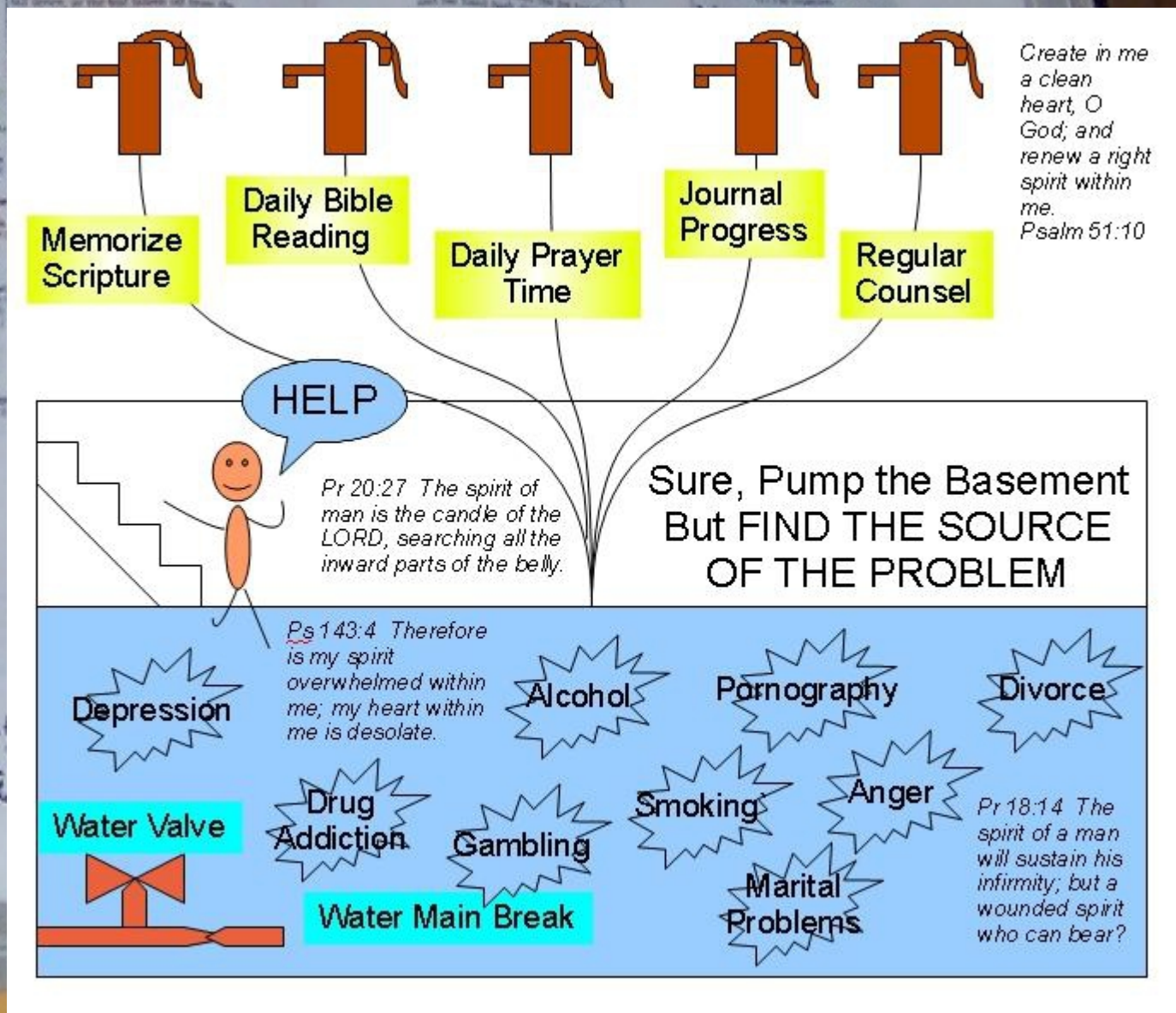
By Pastor Steven Curington RU founder

1. **Recognize and Receive.** Things are not right in my life and I need help. Recognize that the one who created you loves you more than anyone else in this world and wants to fix your mess if you will receive Him.
2. **Responsible Reporting.** Three areas of accountability are 1) an accountability to God, Rom 10:9-10,13. 2) An accountability to a Pastor of a local Bible Believing Church. 3) Accountable to others for your progress and goals of change.
3. **Read Regularly.** God wrote an owners manual for your life. Josh.1:8. Read to Read. Read to Feed. Read to Lead.
4. **Recite Respectively.** The Psalmist says "Thy word have I hid in my heart that I might not sin against thee." "Let the word of Christ dwell in you richly" Heb.4:12, 2Tim.3:16-1 Memorize the Scriptures.
5. **Reunion Revival.** Gathering together with others of like mind is important. Hebrews 10:23-25.

These five 'R's and those five 'to-do's blend to make an excellent Biblical Counseling Methodology.

# It's NOT the METHOD ... It's the RELATIONSHIP!

Everything done in a faith based recovery program is to establish, repair, grow and enhance your relationship to God through his Only Begotten Son, the Lord Jesus Christ. That is the whole POWER of a faith based recovery!



The key 12 verses to start the relationship:: John 3:16,17,18, 36, 5:24, Romans 3:10,23, 5:8, 6:23, 10:9,10,13:

*Joh 3:16 - 18, 36 For God so loved the world, that he gave his only begotten Son, that whosoever believeth in him should not perish, but have everlasting life. For God sent not his Son into the world to condemn the world; but that the world through him might be saved. He that believeth on him is not condemned: but he that believeth not is condemned already, because he hath not believed in the name of the only begotten Son of God. ... He that believeth on the Son hath everlasting life: and he that believeth not the Son shall not see life; but the wrath of God abideth on him.*

*Joh 5:24 Verily, verily, I say unto you, He that heareth my word, and believeth on him that sent me, hath everlasting life, and shall not come into condemnation; but is passed from death unto life.*

*Ro 3:10,23 As it is written, There is none righteous, no, not one: ... For all have sinned, and come short of the glory of God;*

*Ro 5:8 But God commendeth his love toward us, in that, while we were yet sinners, Christ died for us.*

*Ro 6:23 For the wages of sin is death; but the gift of God is eternal life through Jesus Christ our Lord.*

*Ro 10:9-10, 13 That if thou shalt confess with thy mouth the Lord Jesus, and shalt believe in thine heart that God hath raised him from the dead, thou shalt be saved. For with the heart man believeth unto righteousness; and with the mouth confession is made unto salvation. ... For whosoever shall call upon the name of the Lord shall be saved.*

# GSBC Lesson 1 Assignment 1

Get a notebook: spiral, 3 ring, composition, journal, et.al.

Write the first three core truths:

Write out verbatim from an Authorized King Jame Bible these 12 verses: John 3:16,17,18, 36, 5:24, Romans 3:10,23, 5:8, 6:23, 10:9,10,13

Watch Core-Truths Video #1 <https://recovery-bridge.com/core-truths/>

- 5) Invitations From The WORD
- 1) Come In to the ARK = Salvation  
The way - The Door - The ARK - MATHEW
  - 2) Come Now Isa 1118 - Sin as Scarlet  
Red with it after
  - 3) Come After ... Become a Follower of Me  
Follow me
  - 4) Come Out - Be ye separate
  - 5) Come Up Higher Rev 4

## Bridge-To-Recovery GSBC Lesson 1 Assignment 2

In your notebook write the first four core truths.

Write out verbatim, the following:

How to Give a Testimony: A testimony will help and encourage others. A few reminders about your testimony.

- Be right around 3 minutes.
- Practice your testimony at home.
- Generalize your past; don't get detailed about sin.
- Focus on how your relationship with God has changed your life.
- Utilize a scripture that has impacted you.
- Share where you are headed in the future.
- Your job is to give God the glory and give hope to others that God can give them victory too.

Watch Core-Truths Video #2

<https://recovery-bridge.com/core-truths/>

# Bridge-To-Recovery GSBC Lesson 1 Assignment 4

Write out Core Truth #4 with its key verses.

Write out a one paragraph personal salvation testimony following the guidelines from the last assignment.

Share your personal salvation testimony with 3 people.

Watch Core-Truths Video #4

<https://recovery-bridge.com/core-truths/>

Call/Text your Mentor to report that B2R L1#2, 3 & 4 is complete.

See [www.GSBaptistChurch.com/b2r](http://www.GSBaptistChurch.com/b2r)

## 5 Invitations From The WORD

- 1) Come In to the ARK - Salvation  
The way - The Door - The ARK - MATHEW
- 2) Come Now Isa 11:18 - Sin as Scarlet  
Red with it  
Red with it  
Red with it
- 3) Come After ... Become a Follower of Me  
Follow Me
- 4) Come Out - Be ye Separate
- 5) Come Up Higher Rev 4

# IN JESUS, I CAN HAVE FREEDOM AND FORGIVENESS.

4

Core Truth 4. In Jesus, I can have freedom and forgiveness. Isaiah 55:7, *"Let the wicked forsake his way, and the unrighteous man His thoughts: and let him return unto the Lord, and he will have mercy upon him; and to our God, for he will abundantly pardon."*