

A Bridge to Recovery, Biblical Addiction Counsel
Core Truth #10. True success is not achieved by keeping rules, but by maintaining a right relationship with God and others. Matt.22:37-40

View Videos at <https://recovery-bridge.com/core-truths/>

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The Bridge to Recovery* is a faith-based program that helps overcome battles with personal life struggles and addictions. God's Word, the Holy Bible shows amazing truths that lead to incredible victories.

A Bridge to Recovery: For people struggling with addictions or others seeking Biblical Christian counseling for Anger; Anxiety; Depression; et.al. While winter lasts in upstate New York Pastor Rice intends to Zoom meet weekly on Saturday Noon to 1 pm with 12 Bridge to Recovery lessons. You may Join Zoom Meetings at: Meeting ID: 491 867 1652 Passcode: GSBC You can contact Pastor Ed Rice through our website and view these slides at www.GSBaptistChurch.com/b2r/

I am Pastor Ed Rice, Pastor of Good Samaritan Baptist Church, 54 Main St., Dresden, NY 14441, offering to mentor local or remote students in the 12 step Bridge to Recovery Program. It can be a lifeline for those struggling with addictions, anger; anxiety; or depression. You can contact Pastor Ed Rice through our website and view these slides at www.GSBaptistChurch.com/b2r/

R.B. Ouellette, Pastor First Baptist Church of Bridgeport Michigan, developed the Bridge to Recovery faith-based program that helps people overcome their battles with personal struggles and addictions. <https://recovery-bridge.com/core-truths/> accessed Dec 2024

Core Truths 9-12

9. My past does not need to determine my future. Philippians 3:13-14, *“Brethren, I count not myself to have apprehended: but this one thing I do, forgetting those things which are behind, and reaching forth unto those things which are before, I press toward the mark for the prize of the high calling of God in Christ Jesus.”*

10. True success is not achieved by keeping rules, but by maintaining a right relationship with God and others.

Matthew 22:37-40, *“Jesus said unto him, Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind. This*

is the first and great commandment. And the second is like unto it, Thou shalt love thy neighbour as thyself. On these two commandments hang all the law and the prophets.”

11. My choices affect me and also those around me. Romans 5:12, *“Wherefore, as by one man sin entered into the world, and death by sin; so death passed upon all men, for that all have sinned...”*

12. My friends will affect my future. Psalm 1:1, *“Blessed is the man that walketh not in the counsel of the ungodly, nor standeth in the way of sinners, nor sitteth in the seat of the scornful.”*

Eph.6:10-18 Finally, my brethren, be strong in the Lord, and in the power of his might.

11 Put on the whole armour of God, that ye may be able to stand against the wiles of the devil.

12 For we wrestle not against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this world, against spiritual wickedness in high *places*.

13 Wherefore take unto you the whole armour of God, that ye may be able to withstand in the evil day, and having done all, to stand.

14 Stand therefore, having your loins girt about with truth, and having on the breastplate of righteousness;

15 And your feet shod with the preparation of the gospel of peace;

16 Above all, taking the shield of faith, wherewith ye shall be able to quench all the fiery darts of the wicked.

17 And take the helmet of salvation, and the sword of the Spirit, which is the word of God:

18 Praying always with all prayer and supplication in the Spirit, and watching thereunto with all perseverance and supplication for all saints;

Put on the whole
armour of God
Eph.6:10-20

5) Helment of
Salvation 6:17

2) Breastplate of
Righteousness 6:14

1) Loins girt in
Truth 6:14

Above All
4) **Shield of Faith** 6:16

6) **Sword of The Spirit**
6:17 Which is
The Word of God

3) Feet Shod with
Preparation of Gospel of Peace 6:15

14 Stand
therefore,
having your



NauticalMart Roman Black Muscle
Armor Cuirass Set W/Shoulders,  Amazon.com
\$899.00

Eph.6:10-18 Finally, my brethren, be strong in the Lord, and in the power of his might.

11 Put on the whole armour of God, that ye may be able to stand against the wiles of the devil.

The Psalmist:

Ps 18:2 The LORD *is* my rock, and my fortress, and my deliverer; my God, **my strength**, in whom I will trust; my buckler, and the horn of my salvation, *and* my high tower.

Ps 19:14 Let the words of my mouth, and the meditation of my heart, be acceptable in thy sight, O LORD, **my strength**, and my redeemer.

Ps 22:19 But be not thou far from me, O LORD: O **my strength**, haste thee to help me.

Ps 28:7 The LORD *is* **my strength** and my shield; my heart trusted in him, and I am helped: therefore my heart greatly rejoiceth; and with my song will I praise him.

Ps 31:4 Pull me out of the net that they have laid privily for me: for thou *art* **my strength**.

Ps 144:1 Blessed *be* the LORD **my strength**, which teacheth my hands to war, *and* my fingers to fight:

2Co 12:9 And he said unto me, My grace is sufficient for thee: for **my strength** is made perfect in weakness.

Ne 8:10 ... for the **joy** of the LORD is your **strength**.

Wiles = cunning arts, deceit, craft, trickery AV-lie in wait 1, wiles 1; 2 times Eph 4:14 That we *henceforth* be no more children, tossed to and fro, and carried about with every wind of doctrine, by the sleight of men, *and* cunning craftiness, whereby they **lie in wait** to deceive;

12 For we wrestle not against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this world, against spiritual wickedness in high places.

Principality = the person or thing that commences, the first person or thing in a series, the leader, that by which anything begins to be, the origin, the active cause.

Eph 3:10 To the intent that now unto the **principalities** and powers in heavenly *places* might be known by the church the manifold wisdom of God,

Col 1:16 For by him were all things created, that are in heaven, and that are in earth, visible and invisible, whether *they be* thrones, or dominions, or **principalities**, or powers: all things were created by him, and for him:

Col 2:15 *And* having spoiled **principalities** and powers, he made a shew of them openly, triumphing over them in it.

Governing Principality: Tit 3:1 Put them in mind to be subject to **principalities** and powers, to obey magistrates, to be ready to every good work,

Our ENEMY:
principalities,
powers,

the rulers of the darkness of this world,
spiritual wickedness in high places.

13 Wherefore take unto you the whole armour of God, that ye may be able to withstand in the evil day, and having done all, to stand.

The whole armour of God

Withstand = Resist or confront with resistance, *to set one's self against, resist, oppose.*

Stand = to cause or make to stand, to place, put, set, to place, to make firm, fix establish, to keep its place, be kept intact, to set or place in a balance



Loins Girt

6:14 Stand therefore, having your **loins girt about with truth**, and having on the breastplate of righteousness;

Loins (hips, groin, lower abdomen)
In Roman military armor protected by a skirt-like piece of armor called *pteruges*, made of leather or layered fabric strips.

The Word is Truth

John 1:1,14 In the beginning was the Word, ... the Word was God ...

And the Word was made flesh, and dwelt among us, ...

14:6 **Jesus** saith unto him, I am the way, **I am the truth**, and I am the life: no man cometh unto the Father, but by me.

Thy Word is Truth

Joh 17:17 Sanctify them through thy truth: **thy word is** truth.

*Ps 119:89 LAMED. For ever, O LORD, **thy word is** settled in heaven.*

*105 NUN. **Thy word is** a lamp unto my feet, and a light unto my path.*

*140 **Thy word is** very pure: therefore thy servant loveth it.*

*160 **Thy word is** true from the beginning: and every one of thy righteous judgments endureth for ever.*

*John 8:31 Then said Jesus to those Jews which believed on him, If ye continue in my word, then are ye my disciples indeed; 32 And ye shall know **the truth**, and **the truth** shall make you free. ... 36 If the Son therefore shall make you free, ye shall be free indeed.*

Breastplate

6:14 Stand therefore, having your loins girt about with truth, and having on the **breastplate of righteousness**;

Breastplate (shoulders, chest, upper abdomen)

Righteousness (Noah's def.) The perfection of holiness, purity of heart, exact conformity of heart and life to the divine law.

Righteousness

2Cor.5:21 For he hath made him *to be sin* for us, who knew no sin; that we might be **made the righteousness of God** in him.



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Amazon.com

RIGHTEOUSNESS
Is to be
Never Wrong!

Rom.1:16 For I am not ashamed of the gospel of Christ: for it is the power of God unto salvation to every one that believeth; to the Jew first, and also to the Greek.

17 For therein is the righteousness of God revealed from faith to faith: as it is written, The just shall live by faith.

TRUTH brings us to
SLAVATION,
Salvation brings us to
RIGHTEOUSNESS



The Medievals Brass
Trimmed Roman
Lorica Segmentat...

\$186.00 Amazon.com

How We Grow!

17021 ISALAH 53-54

15 He that walketh righteously, and speaketh uprightly; he that despiseth the gain of oppressions, that shutteth his hands from holding of bribes, that stoppeth his ears from hearing of blood, and shutteth his eyes from seeing evil:

16 He shall dwell on high: his place of defence shall be the multitude of rocks: toward shall be given him; his wisdom shall be saved.

17 Thine eyes shall see the king in his beauty: they shall behold the land that is very far off.

18 Thine heart shall meditate terror: Where is the scepter? where is the scepter? where is he that counted the towers?

19 Thou shalt not see a fierce people, a people of a deeper speech, than thou canst perceive; of a stammering tongue, that thou wast not understanding.

20 Look upon Zion, the city of our solemnities: thine eyes shall see Jerusalem a quiet habitation, a tabernacle that shall not be taken down; neither shall one of the stakes thereof shall ever be removed, neither shall any of the cords thereof be broken.

21 But thou shalt see the glorious Lord, who will be unto us a place of broad rivers and streams; wherein shall go no galley with oars, neither shall gallant ship pass thereby.

22 For the Lord is our judge, the Lord is our lawyer, the Lord is our king; he will save us.

23 Thy tacklings are loosed, they could not well strengthen, their mast, they could not spread the sail: then is the prey of a great spoil divided; the lame take the prey.

24 And the inhabitant shall not say, I am sick: the people that dwell therein shall be forgiven their iniquity.

CHAPTER 54.

The day of the Lord's Anger.

Come now, ye nations, to hear, and hearken, ye people: let the earth hear, and all that is therein, the world, and all things that come forth of it.

2 For the indignation of the Lord is

5 *Invitations From The WORD*

- 1) Come In to the APK = Salvation
The way Th Door - The APK - M4
- 2) Come Now Isa 1118 - Sin as Scarlet
Red with it at
- 3) Come After ... Become a Follower of Me
Follow Me
- 4) Come Out - Be ye Separate
- 5) Come Up Hither Rev 4

Read your Bible KJV

PRAY & Talk to God

Tell Someone how

Join a Bible Believing Church

Follow in Believers Baptism

Saved? Give God A Hand Every Day

Footwear

15 And your feet shod with the preparation of the gospel of peace;

Bridge-To-Recovery GSBC Lesson1 Assignment 2 In your notebook write out verbatim:

How to Give a Testimony: A testimony will help and encourage others. A few reminders about your testimony.

- Be right around 3 minutes.
- Practice your testimony at home.
- Generalize your past; don't get detailed about sin.
- Focus on how your relationship with God has changed your life.
- Utilize a scripture that has impacted you.
- Share where you are headed in the future.
- Your job is to give God the glory and give hope to others that God can give them victory too.

Write out a one paragraph personal salvation testimony following the guidelines from the last assignment.

Bridge-To-Recovery GSBC Lesson1 Assignment 1

Write out verbatim from an Authorized King James Bible these 12 verses: John 3:16,17,18, 36, 5:24, Romans 3:10,23, 5:8, 6:23, 10:9,10,13

Joh 3:16 - 18, 36 For God so loved the world, that he gave his only begotten Son, that whosoever believeth in him should not perish, but have everlasting life. For God sent not his Son into the world to condemn the world; but that the world through him might be saved. He that believeth on him is not condemned: but he that believeth not is condemned already, because he hath not believed in the name of the only begotten Son of God. ... He that believeth on the Son hath everlasting life: and he that believeth not the Son shall not see life; but the wrath of God abideth on him.

Joh 5:24 Verily, verily, I say unto you, He that heareth my word, and believeth on him that sent me, hath everlasting life, and shall not come into condemnation; but is passed from death unto life.

Ro 3:10,23 As it is written, There is none righteous, no, not one: ... For all have sinned, and come short of the glory of God;

Ro 5:8 But God commendeth his love toward us, in that, while we were yet sinners, Christ died for us.

Ro 6:23 For the wages of sin is death; but the gift of God is eternal life through Jesus Christ our Lord.

Ro 10:9-10, 13 That if thou shalt confess with thy mouth the Lord Jesus, and shalt believe in thine heart that God hath raised him from the dead, thou shalt be saved. For with the heart man believeth unto righteousness; and with the mouth confession is made unto salvation. ... For whosoever shall call upon the name of the Lord shall be saved.i

Item #4 of 6: vr16 Above all, taking the **shield of faith**, wherewith ye shall be able to quench all the fiery darts of the wicked.

4102 πίστις noun "faith"
4100 πιστεύω verb "believe"

Eph 2:8 For by grace are ye saved **through faith**; and that not of yourselves: *it is* the gift of God:

Heb 11:6 But **without faith** *it is* impossible to please *him*: for he that cometh to God must believe that he is, and *that* he is a rewarder of them that diligently seek him.

Ro 10:17 So then **faith cometh** by hearing, and hearing by the word of God.

GROWTH: 2Pe 1:5 And beside this, giving all diligence, **add to your faith** virtue; and to virtue knowledge; ... 6 And to knowledge temperance; and to temperance patience; and to patience godliness; 7 And to godliness brotherly kindness; and to brotherly kindness charity.

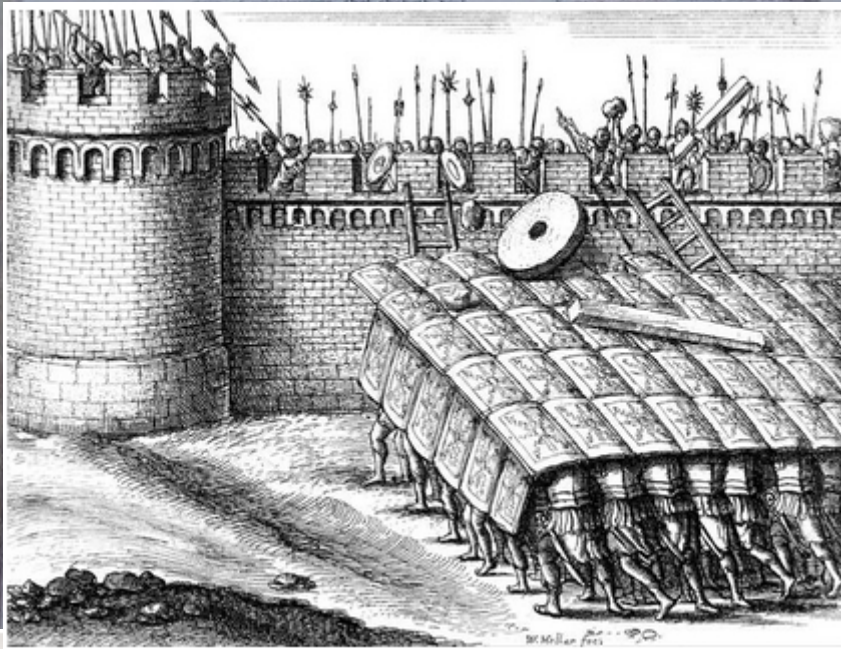
1Pet.2:2 As newborn babes, desire the sincere milk of the word, that ye may grow thereby:

Heb.11:1 Now faith is the substance of things hoped for, the evidence of things not seen. 2 For by it the elders obtained a good report. 3 Through faith we understand that the worlds were framed by the word of God, so that things which are seen were not made of things which do appear.



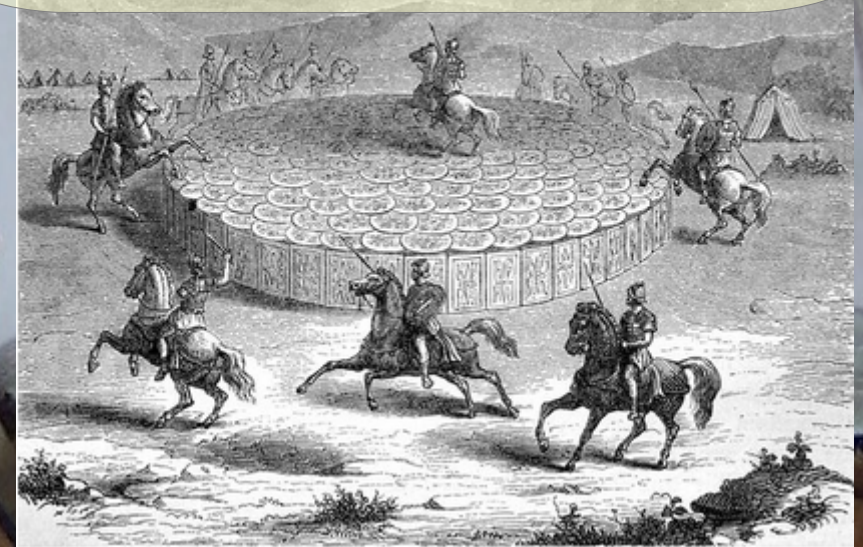
Your Shield of Faith

Protects more than just you.



Roman Shield Use

The Roman testudo or "tortoise" formation was a defensive shield wall used by Roman legionaries, particularly during sieges, where soldiers would hold their shields overhead and to the sides, creating a protective shell against projectiles and attacks from above



Just as Roman Soldiers banding their shields together make a powerful military might, Christians banding together in the faith make a powerful spiritual might, the gates of hell shall not prevail against it. Unite with other Born-Again-Saved believers in a Bible Believing Baptist Church.

Chili Youth Abaze 2025 Pastor
Caleb Kinney brought his Shield



Item #5 of 6: vr17 And take **the helmet of salvation**, and the sword of the Spirit, which is the word of God:

Protect your Head!

Eph 1:18 The eyes of your understanding being enlightened; **that ye may know** what is the hope of his calling, and what the riches of the glory of his inheritance in the saints,

1Jo 5:13 These things have I written unto you that believe on the name of the Son of God; **that ye may know** that ye have eternal life, and that ye may believe on the name of the Son of God.

Rom.8:14 For as many as are led by the Spirit of God, they are the sons of God. 15 For ye have not received the spirit of bondage again to fear; but ye have received the Spirit of adoption, whereby we cry, Abba, Father. 16 The Spirit itself beareth witness with our spirit, that we are the children of God:

A Helmet Identifies The Soldier



Roman Warrior Centurion...
\$47.99
Etsy



Medieval Greek Corinthian Hel...
Walmart



Roman Legion Helmet
\$119.95
Armor Venue



Roman Armor Helmet With...
\$149.00
Armor Venue



Roman Centurion...
\$129.95
Hammacher ...



Roman Centurion Re...
\$112.99
ThugBusters

Item #6 of 6: vr17b the
sword of the Spirit,
which is the word of God:

Heb.4:12 For the word of God *is* quick, and powerful, and **sharper than any twoedged sword**, piercing even to the dividing asunder of soul and spirit, and of the joints and marrow, and *is* a discerner of the thoughts and intents of the heart.

Previous 5 armaments were defensive; #6, The Sword, is our weapon, make no mistake, condone no violence, the sword we use is the Word of God.

Once we have the 1) Truth, 2) Righteousness, 3) Preparation of Gospel, 4) Faith, and 5) Assurance of Salvation, we can take up the Sword and Contend:

Jude 1:3 Beloved, when I gave all diligence to write unto you of the common salvation, it was needful for me to write unto you, and exhort *you* that ye should earnestly **contend** for the faith which was once delivered unto the saints.

Never underestimate the power of this Sword, the Word of God: Revelation 1:16 And he had in his right hand seven stars: and out of his mouth went a sharp twoedged **sword**: and his countenance *was* as the sun shineth in his strength. 2:12 And to the angel of the church in Pergamos write; These things saith he which hath the sharp **sword** with two edges; 2:16 Repent; or else I will come unto thee quickly, and will fight against them with the **sword** of my mouth. 19:15 And out of his mouth goeth a sharp **sword**, that with it he should smite the nations: and he shall rule them with a rod of iron: and he treadeth the winepress of the fierceness and wrath of Almighty God. 19:21 And the remnant were slain with the **sword** of him that sat upon the horse, which **sword** proceeded out of his mouth: and all the fowls were filled with their flesh.

Never depend on your power of persuasion, **Always** use the WORD, And Prayer ...

18 **Praying always** with all prayer and supplication in the Spirit, and watching thereunto with all perseverance and supplication for all saints;

1Th 5:17 **Pray without** ceasing.

Supplication = 1162 δέησις *deesis* AV-prayer 12, supplication 6, request 1; 19 need, want, privation, penury, a seeking, asking, entreating, entreaty to God or to man. From **1189**; δέομαι *deomai* to want, to, lack, to desire, to long for, to ask, to beg.

Perseverance = persistence in any thing undertaken; continued pursuit of any enterprise begun, "Perseverance keeps honor bright", "Patience and perseverance overcome the greatest difficulties." Noah 1828

In the Spirit

Lu 1:17 he shall go before him **in the spirit**
Joh 11:33 Jesus groaned **in the spirit**, and was troubled, Acts 18:5 Paul was pressed **in the spirit**, 25 fervent **in the spirit**, he spake and taught 19:21 Paul purposed **in the spirit**, 20:22 I go bound **in the spirit** Rom 2:29 **in the spirit**, not in the letter; 8:9 not in the flesh, but **in the Spirit**,

1Cor 4:21 I come unto you **in the spirit** of meekness? 14:2 **in the spirit** he speaketh mysteries. Gal 3:3 begun **in the Spirit**, 5:16 *This* I say then, Walk **in the Spirit**, and ye shall not fulfil the lust of the flesh. 25 live **in the Spirit**, walk **in the Spirit**. 6:1 **in the spirit** of meekness; Eph 4:23 And be renewed **in the spirit** of your mind; 6:18 supplication **in the Spirit**, Php 3:3 worship God **in the spirit**, Col 1:8 love **in the Spirit**. 2:5 with you **in the spirit**, 1Tim 3:16 justified **in the Spirit**, 1Pet 4:6 live **in the spirit**.

Rev 1:10 I was **in the Spirit** on the Lord's day, 4:2 I was **in the spirit**: 17:3 he carried me away **in the spirit** 21:10 And he carried me away **in the spirit** to a great and high mountain ...

Bridge-To-Recovery Core Truth#10 Assignment

Get your notebook and write the tenth core truth with its Key Verse:

In your note book, write out verses Ephesians 6:10-18.

Sketch an armored Roman Soldier, add a label for the 5 pieces of armor the Apostle Paul calls out. Sketch his Sword too.

Watch Core-Truths Video #10 <https://recovery-bridge.com/core-truths/>

Call/Text your Mentor to report that you finish this assignment.

5 Invitations From The Word

- 1) Come In to the Ark - Salvation
The way - The Door - The Ark - MATHEW
- 2) Come Now Isa 1118 - Sit at Scarlet
Red with it after
- 3) Come After ... Become a Fisher of Men
Follow me
- 4) Come Out - Be ye separate
- 5) Come Up Hither Rev 4

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Watch Core-Truths Video #10 <https://recovery-bridge.com/core-truths/>



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