

A Bridge to Your Recovery, Biblical Counsel

The Bridge to Recovery¹ is an effective, faith-based program that helps people overcome their battles with personal life struggles and addictions. We use the Word of God to assist people in identifying what the root problem is within their struggles. God's Word shows amazing truths that lead to incredible victories.

Dr Edward Rice, Pastor of Good Samaritan Baptist Church, 54 Main St., Dresden, NY 14441, mentors local or remote students in the 12 step Bridge to Recovery Program for people struggling with personal life struggles, life decisions, addictions or others needing Biblical Christian counseling for Anger; Marriage; Anxiety; Depression; Addictions; Death; Suffering, et.al. To get started call Pastor Ed Rice (315) 521-3466 or contact him at www.GSBaptistChurch.com.

Bridge to Recovery Material by R. B. Ouellette

Welcome to the Bridge <https://recovery-bridge.com/>

Core Truths <https://recovery-bridge.com/core-truths/> View 12 Videos in 12 weeks

Our Approach

The Bridge to Recovery for addictions is a 3 step program, generally on Thursday night, where we connect, connect, connect . First we connect with God through testimonies and a challenging truth from God's word. Next we Connect with each other in group. In the group you will meet your group leader, work on curriculum and receive peer support. Last you will connect with yourself during the week to study God's word and find victory over your stronghold. Come join us where you will receive love, encouragement, and support as you begin your journey of victory.

Register in the program – Next Step <https://recovery-bridge.com/>

¹ R.B. Ouellette, Pastor First Baptist Church of Bridgeport Michigan, developed the Bridge to Recovery faith-based program that helps people overcome their battles with personal struggles and addictions. <https://recovery-bridge.com/core-truths/> accessed Dec 2024

What A Faith Based Recovery Program is all about.

Commitment & Connections

Commitment to God

Commitment to Self

Commitment to Others

Make an investment in your recovery. ... Buy something, notebook and pen, Material, Book #1, a Bible et.al.

Make an investment in your time Read and ponder daily, Keep a daily record, attend regular sessions, et.al.

WRITE IT DOWN!

Everyone who's Anyone was a JOURNALER!

Expressing Feelings Effectively

5% in speech **90% in writing**, with pencil!

It is The Power of The WORD

Commitment to Bible Reading

Commitment to Write it out verbatim

It is NOT MY persuasive communication PTL

The WORD is Quick and Powerful

Discerns Thoughts and Intentions

Faith cometh by ??

Add to your faith ... do these things ... never fail! 2Pet

Core Truth 1. **My recovery depends on my relationship with God.** Hebrews 11:6, *“But without faith it is impossible to please him: for he that cometh to God must believe that he is, and that he is a rewarder of them that diligently seek him.*



MY RECOVERY DEPENDS ON MY RELATIONSHIP WITH GOD.

1

”Watch Core-Truths Video #1 <https://recovery-bridge.com/core-truths/>
Contact Pastor Rice at www.GSBaptistChurch.com and Keep Attending Weekly

Core Truth 2. **I will never make progress until I become honest about my struggle.** Psalm 51:3, *“For I acknowledge my transgressions: and my sin is ever before me.”*



**I WILL NEVER MAKE PROGRESS
UNTIL I AM HONEST ABOUT
MY STRUGGLE.**

2

Watch Core-Truths Video #2 <https://recovery-bridge.com/core-truths/>

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Core Truth 3. **Victory begins with surrender.** Romans 12:1-2, *“I beseech you therefore, brethren, by the mercies of God, that ye present your bodies a living sacrifice, holy, acceptable unto God, which is your reasonable service. And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God.”*



VICTORY BEGINS WITH SURRENDER.

3

Watch Core-Truths Video #3 <https://recovery-bridge.com/core-truths/>

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Core Truth 4. **In Jesus, I can have freedom and forgiveness.** Isaiah 55:7, *“Let the wicked forsake his way, and the unrighteous man His thoughts: and let him return unto the Lord, and he will have mercy upon him; and to our God, for he will abundantly pardon.”*



IN JESUS, I CAN HAVE FREEDOM AND FORGIVENESS.

4

Watch Core-Truths Video #4 <https://recovery-bridge.com/core-truths/>
Contact Pastor Rice at www.GSBaptistChurch.com and Keep Attending Weekly

Core Truth 5. **Meditating on God's word will help me find victory and freedom.** Psalms 1:2, *“But his delight is in the law of the LORD; and in his law doth he meditate day and night.”*



MEDITATING ON GOD'S WORD WILL HELP ME FIND VICTORY AND FREEDOM

Watch Core-Truths Video #5 <https://recovery-bridge.com/core-truths/>

Contact Pastor Rice at www.GSBaptistChurch.com and Keep Attending Weekly

Core Truth 6. **Fixing the root will change the fruit... genuine change comes from the inside out.** II Cor. 10:3-5, *“For though we walk in the flesh, we do not war after the flesh: (For the weapons of our warfare are not carnal, but mighty through God to the pulling down of strong holds;) Casting down imaginations, and every high thing that exalteth itself against the knowledge of God, and bringing into captivity every thought to the obedience of Christ...”*



GENUINE CHANGE COMES FROM THE INSIDE OUT.

Watch Core-Truths Video #6 <https://recovery-bridge.com/core-truths/>
Contact Pastor Rice at www.GSBaptistChurch.com and Keep Attending Weekly

Core Truth 7. **The priorities in my life dictate the progress of my life.** Matthew 6:33, *“But seek ye first the kingdom of God, and his righteousness; and all these things shall be added unto you.”*



THE PRIORITIES IN MY LIFE DICTATE THE PROGRESS OF MY LIFE.

7

Watch Core-Truths Video #7 <https://recovery-bridge.com/core-truths/>

Contact Pastor Rice at www.GSBaptistChurch.com and Keep Attending Weekly

Core Truth 8. **Life is not made by my desires, but by my decisions.** Philipians 4:8, *“Finally, brethren, whatsoever things are true, whatsoever things are honest, whatsoever things are just, whatsoever things are pure, whatsoever things are lovely, whatsoever things are of good report; if there be any virtue, and if there be any praise, think on these things.)”*



**LIFE IS NOT MADE BY
MY DESIRES, BUT BY
MY DECISIONS.**

8

Watch Core-Truths Video #8 <https://recovery-bridge.com/core-truths/>
Contact Pastor Rice at www.GSBaptistChurch.com and Keep Attending Weekly

Core Truth 9. **My past does not need to determine my future.** Philippians 3:13-14, *“Brethren, I count not myself to have apprehended: but this one thing I do, forgetting those things which are behind, and reaching forth unto those things which are before, I press toward the mark for the prize of the high calling of God in Christ Jesus.”*



MY PAST DOES NOT NEED TO DETERMINE MY FUTURE.

Watch Core-Truths Video #9 <https://recovery-bridge.com/core-truths/>
Contact Pastor Rice at www.GSBaptistChurch.com and Keep Attending Weekly

Core Truth 10. **True success is not achieved by keeping rules, but by maintaining a right relationship with God and others.** Matthew 22:37-40, *“Jesus said unto him, Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind. This is the first and great commandment. And the second is like unto it, Thou shalt love thy neighbour as thyself. On these two commandments hang all the law and the prophets.”*



**TRUE SUCCESS IS NOT ACHIEVED
BY KEEPING RULES, BUT BY
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WITH GOD AND OTHERS.**

Watch Core-Truths Video #10 <https://recovery-bridge.com/core-truths/>

Contact Pastor Rice at www.GSBaptistChurch.com and Keep Attending Weekly

Core Truth 11. **My choices affect me and also those around me.** Romans 5:12, *“Wherefore, as by one man sin entered into the world, and death by sin; so death passed upon all men, for that all have sinned...”*



MY CHOICES AFFECT ME AND ALSO THOSE AROUND ME.

Watch Core-Truths Video #11 <https://recovery-bridge.com/core-truths/>

Contact Pastor Rice at www.GSBaptistChurch.com and Keep Attending Weekly

Core Truth 12. **My friends will affect my future.** Psalm 1:1, *“Blessed is the man that walketh not in the counsel of the ungodly, nor standeth in the way of sinners, nor sitteth in the seat of the scornful.”*



MY FRIENDS WILL AFFECT MY FUTURE.

Watch Core-Truths Video #12 <https://recovery-bridge.com/core-truth> COMPLETION
Contact Pastor Rice at www.GSBaptistChurch.com and Keep Attending Weekly

Bridge 2 Recovery 12 Core Truths

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- Core Truth 2. **I will never make progress until I become honest about my struggle.** Psalm 51:3, *“For I acknowledge my transgressions: and my sin is ever before me.”*
- Core Truth 3. **Victory begins with surrender.** Romans 12:1-2, *“I beseech you therefore, brethren, by the mercies of God, that ye present your bodies a living sacrifice, holy, acceptable unto God, which is your reasonable service. And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God.”*
- Core Truth 4. **In Jesus, I can have freedom and forgiveness.** Isaiah 55:7, *“Let the wicked forsake his way, and the unrighteous man His thoughts: and let him return unto the Lord, and he will have mercy upon him; and to our God, for he will abundantly pardon.”*
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