

Every marriage needs help, its our nature;
God designed marriage and provides the
best help.

This is introductory material for some of that help;
you are encouraged to work through this
presentation material, view the video, download
the book "The Genesis of Marriage" and contact
Pastor Ed Rice if you would like to pursue
additional resources, or individual counseling via
Zoom. (Ladies one-on-one will be one-on-two, to include
my wife Beverly)

To get started get yourself a notebook and
pen and jot down verses and notes from
these presentations. Journaling is a
powerful tool for retention.

A Quick Review of the BASICS

Every marriage needs help, its our nature,
God provides the best help.

The Genesis of Marriage

*Gen.2:18 And the Lord God said, It is not good that the man should be alone; I will make him an help **meet** for him. (An APPROPRIATE Help)*

Meet, a. (Latin *convenio*) Fit; suitable; proper; qualified; convenient; adapted; as to a use or purpose. Noah Webster's 1828 Dictionary

CHAPTER 34
The day of the Lord's Wrath
Come near, ye nations, to hear, and
listen, ye people: let the earth
hear, and all that is therein, the world,
and all things that come forth of it.

- 5 Invitations From The WORD
- 1) Come In to the ARK - Salvation
The way To Door - The ARK - MATHEW
 - 2) Come Now Isa 1118 - Sin as Scarlet
Red with it after
 - 3) Come After ... Become a Follower of Me
Follow Me
 - 4) Come Out - Be ye separate
 - 5) Come Up Higher Rev 4

A Quick Review of the DESIGN

God's Design for Marriage has three parts

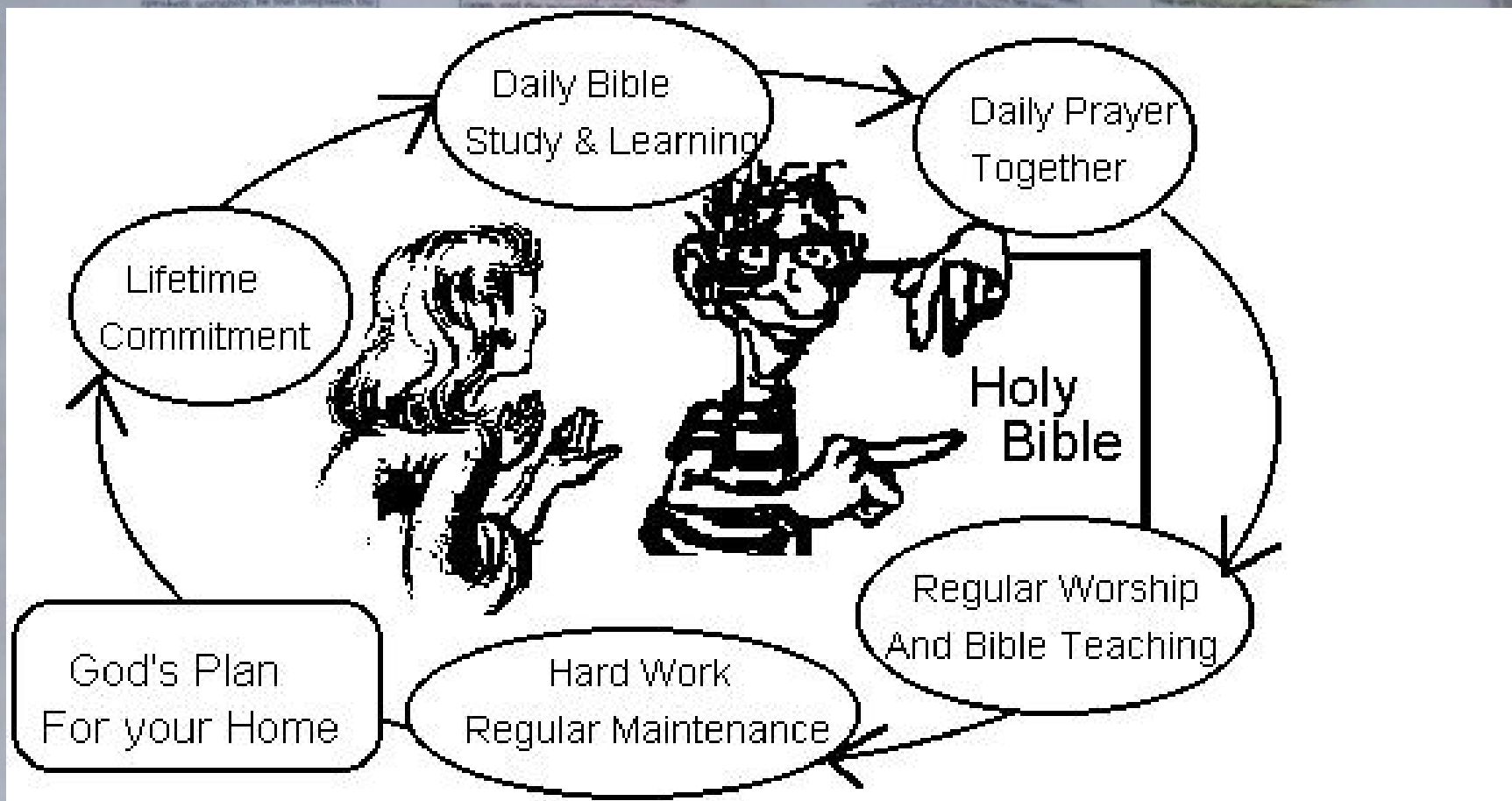
24-25 Therefore shall a man **leave his father and his mother, and shall cleave unto his wife: and they shall be one flesh.** And they were **both naked**, the man and his wife, **and were not ashamed.**

Leave and Cleave
Being One Flesh

Being Naked and Not Ashamed

They Were Then in PARADISE
Bliss & Supreme Delight

A Quick Review of the MECHANICS



- 1) Come In to the Ark - Salvation
The way - The Door - The Ark - Matter
- 2) Come Now Isa 11:10 - Sin is Scarlet
Red with it - After
Red with it - After
- 3) Come After ... Become a Follower of Me
Follow Me
- 4) Come Out - Be ye Separate
- 5) Come Up Higher Rev 4

A Quick Review of the

A Marriage Help Assignment:

In your notebook/journal write word-for-word, punctuation perfect the 14 verses of the Romans Road: John 3:16,17,18, 36, 5:24, Romans 3:10,23, 5:8,12,18, 6:23, 10:9,10,13

In your notebook/journal write the three types of people in this world.

In your notebook/journal write the Five Keys for Saved People Walking in the Spirit.

In your notebook/journal write the Five Mechanics for Saved People Walking in the Spirit.

Read Chapter 1-2 of "The Genesis of Marriage"

Contact Pastor Rice and schedule a time to rehearse this assignment and take an additional step towards a marriage that is a taste of paradise.

Exploring Where We Are At

In the book “The Genesis of Marriage” - Chapter 7 Marriage Ancillary Helps, you will find:

- *Marital Pre-Counseling Inventory I* (make copies before scribbling)
- *Marital Pre-Counseling Inventory II* (make copies before scribbling)
- **INITIAL GOALS FORM** (make copies before scribbling)

A Marriage Help Assignment:

Review the Marital Pre-Counseling Inventory I & II, and the INITIAL GOALS FORM.

Read Chapter 1-2 of “The Genesis of Marriage”

Contact Pastor Rice and schedule a time to rehearse this assignment and take an additional step towards a marriage that is a taste of paradise.

Marital Pre-Counseling Inventory I (make copies before scribbling)

The following series of questions relates to the level of satisfaction which you usually find in your interaction with your spouse.

1) How happy are you with the way in which you and your spouse usually handle each of the following aspects of your family life?

Please circle the number which best represents how happy you are in each area.

1. Happy 2. Mostly Happy 3. Moderately Happy
4. Moderately Unhappy 5. Mostly UnHappy
- ___ a. Social interaction with each other 1 2 3 4 5
 - ___ b. Affectionate interaction with each other 1 2 3 4 5
 - ___ c. Sexual interaction with each other 1 2 3 4 5
 - ___ d. Trust in each other 1 2 3 4 5
 - ___ e. Management of children 1 2 3 4 5
 - ___ f. Management of free time 1 2 3 4 5
 - ___ g. Management of chores or other responsibilities at home 1 2 3 4 5
 - ___ h. Management of finances 1 2 3 4 5
 - ___ i. Social interaction with friends 1 2 3 4 5
 - ___ j. Social interaction with in-laws and other relatives 1 2 3 4 5
 - ___ k. The way spouse manages themselves personally 1 2 3 4 5
 - ___ l. Management of jobs outside the home. 1 2 3 4 5

2) Please look back over each question. This time draw an X through each answer, 1 2 3 4 5, which you think your spouse will select in answering each question for himself/herself.

3) Please read over the list again and in the blanks at the left of the list, please indicate weather the item is:

- a. Most important to you b. Highly important to you.
c. Fairly important to you. d. Unimportant to you.

4) Looking back over this list once again, please suggest ways in which a change in your behavior might improve your satisfaction in any areas which you rated as '4 or 5' that is, less than moderately happy or unhappy.

5) Now it's time to share this information with your spouse and compare our lists.

Source: Richard B Stuart and Frieda Stuart, The Marital Pre-Counseling Inventory(Champagne, Illinois: Research Press, 1973), p. 7. If needed copies of these worksheet are at <https://www.gsbaptistchurch.com/marriage/myson.pdf>

Marital Pre-Counseling Inventory II (make copies before scribbling)

These questions concern your general commitment to, and optimism about your marriage. Please answer them with your present feelings in mind, leaving out of consideration how you used to feel,.. or how you think that you should feel.

1. Everything considered, how happy are you in your marriage?

95%+ 75% 50% 25% 5%

2. Everything considered. how happy do you think your spouse is in your marriage?

95%+ 75% 50% 25% 5%

3. Everything considered, do you expect to become happier as time goes by?

95%+ 75% 50% 25% 5%

4. Everything considered, do you think that your spouse expects to become happier as time goes by?

95%+ 75% 50% 25% 5%

5. How committed are you to remain in your marriage?

95%+ 75% 50% 25% 5%

6. How committed do you think your spouse is to remain in your marriage?

95%+ 75% 50% 25% 5%

7. What proportion of the time spent with your spouse is happy for you?

95%+ 75% 50% 25% 5%

8. What proportion of the time which your spouse spends with you do you think is happy for him or her?

95%+ 75% 50% 25% 5%

9. Everything considered, do you expect to continue to grow personally as time goes by?

95%+ 75% 50% 25% 5%

10. Everything considered, do you expect your spouse to continue to grow personally as time goes by?

95%+ 75% 50% 25% 5%

Source: Richard B Stuart and Frieda Stuart, The Marital Pre-Counseling Inventory(Champagne, Illinois: Research Press, 1973), p. 11 If needed copies of these worksheet are at [gsbaptistchurch.com/marriage/myson.pdf](https://www.gsbaptistchurch.com/marriage/myson.pdf)

INITIAL GOALS FORM (make copies before scribbling)

Instructions: Below you will find a list of goals you may consider important for the two of you to work toward at this time. Please read each item. Select the one most important goal for you at this time.

1. I would like to get some relief from the constant arguing and unpleasantness between us.
2. I would at least like things to be a bit more peaceful and pleasant.
3. I would like to see more politeness in our day-to-day relationship.
4. I would like to avoid violent quarrels.
5. I would like us to be more civil and respectful toward each other.
6. I would like to be able to work together better as a team, to take better care of the daily chores.
7. I would like to know that if I do something positive it will count and mean something to my spouse.
8. I would like to be able to come to agreements better in which there is give and take on both sides.
9. I would like there to be more exchange of affection between us.
10. I would like my spouse to share more in the responsibilities we both must meet.

INITIAL GOALS FORM Cont

11. I would like my spouse to accept me more and to express more liking for me.
12. I wish we could be better at being each others friend.
13. I would like my spouse to find me more attractive.
- 14 I would like to have more influence in making decisions.
- 15 I would like to have my spouse be more interested in me.
16. I would like to be better able to get my messages across to my spouse.
17. I want my spouse to be better at discussing problems and helping to solve them.
18. I want my spouse to improve at listening to me
19. I wish my spouse were more understanding and considerate of my feelings.
20. I would like to better understand my spouse's feelings and reactions.
21. Other (please specify) '

Source: John Gottman, Behavioral Interviewing with Couples (guidebook accompanying the film) (Champaign Illinois: Research Press, 1976), p 34. If needed copies of these worksheet are at gsbaptistchurch.com/marriage/myson.pdf